

## Benefits from the Course

### Free Follow-up Materials for Small Groups

Students will receive material for a 12-week course designed for a group study. This is ideal for people with emotional hurts or addictions.

### An understanding of hurting people's minds

Knowing how people think helps you get to the solution faster and help you to avoid the many distractions which commonly occur.

### Approaches to help resolve matters quickly

This course is not about how to hold multiple sessions to help people feel better. The approach moves people to a greater level of freedom faster.

### Understanding Why God allows Evil

A proper theology allows us to live life with peace and understanding.

Disclaimer:

O.N.E. School makes no promises about the outcome of any counseling session which uses the principles taught in this course. Also, this course does not address medications.

### Certificate from the Course

All students who complete all the requirements for the course will receive a certificate.

### Syllabus

Please contact Randy Langham for a copy of the syllabus which gives the expectations, schedule, materials, and other details needed for the course.

### Cost

The cost is greatly reduced to provide the equivalency of Bible College training at an affordable price. Each 1.5-hour course is **\$150**. Additional costs include course materials.

# Ohio NorthEast School of Theology

Quality Education for All Christians  
Resulting in Immediate Application

The Ohio NorthEast School of Theology  
is a ministry of the  
Steel Valley Baptist Association

### Statement on Accreditation

O.N.E. School is not a regionally or ATS accredited program. The distinctive of this school is its accessibility in terms of location, cost, and adaptability to a variety of local contexts. College or seminary credit may be obtained, but the level of the course will always be at the level of the participants in the class.

### To Register

Contact O.N.E. School at 330-775-3401 or  
contact Randy Langham at 330-398-2455  
[www.OhioNorthEast.com](http://www.OhioNorthEast.com)

Fall Semester, 2024



Biblical • Practical • Accessible • Christ-Centered

## Basics of Counseling *part 1*

Would you like to help people ...

... gain victory over emotional hurts?

... overcome addictions?

... come to peace regarding past hurts?



## Basics of Counseling

Tuesdays, 6-8 PM  
September 10 - December 3  
(no class on November 12)  
led by Dr. Randy Langham

### Course Description

This course includes (1) a brief overview of counseling including the differences between Christian Counseling and Biblical Counseling, (2) a theological foundation for truth, and (3) very simple, practical guidelines for most counseling situations including some of the extreme cases.

### Scriptural Basis for the Course

*The Lord's bond-servant must ... be kind to all, able to teach, patient when wronged, with gentleness correcting those who are in opposition, if perhaps God may grant them repentance leading to the knowledge of the truth, and they may come to their senses and escape from the snare of the devil, having been held captive by him to do his will.*  
(2 Tim 2:24-26, NASB)

### Textbooks for the Course

#### 1. The primary textbook: the Bible

*All Scripture is given by inspiration of God, and is profitable for doctrine ...* (2 Tim 3:16, NKJV)

#### 2. The secondary textbook: a PDF file

The PDF version of the textbook will be distributed after registration without cost.

## Ideal Participants for the Course

### ► Ministers

Ministers often find themselves in a variety of counseling situations. Since they should have the best theology they should be the best counselors.

### ► Christians

All Christians can benefit by gaining personal freedoms and knowing how to share them with others..

## People Helped by the Principles in the Course

► A person in trouble with the federal government and imprisoned for almost 10 years gained freedom emotionally when one simple biblical principle was applied. His first follow-up words, "How did you learn to pray like that?"

► A person had lots of anxiety. When the Lord spoke the truth to her she was shocked to see what she believed just five minutes earlier.

► Multitudes of people with "simple" problems gained freedom by applying God's principles.

► A bi-polar person who struggled for years was set free from the manic behavior. Afterwards the psychiatrist refused to believe the change because she was supposedly incurable. Over twenty years later she still experiences peace.

► A suicidal person whom a psychiatrist gave one-half of a drawer full of medications to be taken daily applied one principle and was set free. Later the psychiatrist took the person off all medication.

► A psychiatrist declared one person to have Dissociative Identity Disorder (formerly known as multiple personalities) and said there was no hope of recovery. After gaining freedom in dozens of areas she now lives in peace. Her view of God now is enormous!

## Approach

Jesus, the *Wonderful Counselor*, is also the *Prince of Peace* (Isa 9:6) and is able to deliver everyone from those emotional matters which bind us. He said, *you will know the truth, and the truth will make you free*" (John 8:32). *For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind* (2 Tim 1:7, NKJV).

David declared, *The Lord is my shepherd* and can *restore my soul* (Psa 23:1,3). Elsewhere David spoke to his soul (the seat of his emotions) and said, *Bless the Lord, O my soul, And forget none of His benefits; ... Who heals all your diseases;* (Psa 103:2-3).

Are these words true or are they only expressions of encouragement?

Here is the definition of counseling for this course: leading people to truth. It is as if it consists of taking others by the wrist and guiding them to Jesus.

Many who read this brochure might think the approach in this course consists of voodoo, a healing service, confession of all sins, or who knows what. Really truly, God's words provide the approach. When people are brought to truth, truth will set them free.

## Topics Addressed in Part I

Conflict Resolution  
Overcoming Bitterness  
Overcoming Guilt and Shame  
Overcoming Fears and Anxiety  
Anger Resolution  
Victory over Addictions  
Victory over Past Abuse  
Why God Allows Evil  
And much more.